



CHARLOTTE ISD

School Health Advisory Committee

Meeting Agenda

December 11, 2024
9:00 am - 10:00 am

1. Roll Call / Sign In - (at least half of all members present for action items)

Roger Solis	<input type="checkbox"/> Present	<input checked="" type="checkbox"/> Absent
Sandra Nix	<input checked="" type="checkbox"/> Present	<input type="checkbox"/> Absent
Debbie Luna	<input type="checkbox"/> Present	<input checked="" type="checkbox"/> Absent
Lamar Rodriguez	<input checked="" type="checkbox"/> Present	<input type="checkbox"/> Absent
Leslie Stevens	<input checked="" type="checkbox"/> Present	<input type="checkbox"/> Absent
Sarah Ogden	<input checked="" type="checkbox"/> Present	<input type="checkbox"/> Absent
Ethan Cain	<input checked="" type="checkbox"/> Present	<input type="checkbox"/> Absent
Joyce Campos	<input checked="" type="checkbox"/> Present	<input type="checkbox"/> Absent
Keri Quiroga	<input checked="" type="checkbox"/> Present	<input type="checkbox"/> Absent
Amanda Zuniga	<input type="checkbox"/> Present	<input checked="" type="checkbox"/> Absent
Parent 4	<input type="checkbox"/> Present	<input checked="" type="checkbox"/> Absent

2. Review and approve CISD SHAC ByLaws for Board Submission and Approval.

Key take aways:

- $\frac{2}{3}$ must approve bylaws
- Parent led
- Pg. 3 Article IV Membership B. needs to be corrected to include CISD employees
- Article IV second section is a two year term.
- Consensus should be obtained but if not majority vote wins
- Duties of the chair and co chair and secretary.

Mrs. Ogden votes to approve the bylaws and present to the board. Leslie Stevens seconds the motion. The vote is unanimous.



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3. Establish Officers

- a. Chair-elect Joyce Campos volunteered and Sara Ogden has Seconded the Motion
- b. Co-Chair elect-Keri Quiroga and Leslie Stevens seconded the motion
- c. Secretary-Leslie Stevens nominated Sara Ogden and Lamar Rodriguez has seconded the motion.

4. Reports -

a. Family/Community Involvement

- i. Superintendent PAC-(Parent Advisory Committee) recently established with parents from the district to discuss concerns related to the school district.
- ii. High school grades decorated halls for the holidays; parents involved
- iii. Thanksgiving and Christmas luncheons have been held to involve families
- iv. Book fair
- v. Once a month lunches for elementary students with parents/families
- vi. Pre-k had a Friendsgiving celebration
- vii. Math and literacy night in elementary school
- viii. Headstart meetings for pre-k
- ix. 6 weeks awards
- x. Turkey Trot with elementary school; parents watched
- xi. Thanksgiving balloon parade
- xii. Pep rallies open to public
- xiii. Athletics department meets with parents at the beginning of the year
- xiv. Open house and Meet the Teacher at the beginning of the year
- xv. Student of the Month; kindness recognition

b. Health Services

- i. Completed the Immunization report to DSHS
- ii. Currently working to complete vision/hearing
- iii. Scoliosis screenings after Christmas
- iv. Headstart physicals Dec 12, 2024 ; will be taken to a dental screening
- v. Big Brother/Big Sister program between high school and 4th grade
- vi. Linewize mental health check in weekly for 3rd through 12th grades
- vii. Wellness Plan was updated September 2024

c. Safe and Drug-Free Schools



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- i. October-Red Ribbon week
 - ii. Leadership committee gave out bracelets to high school students
 - iii. Students watched informational videos and received bracelets in elementary
 - d. Nutrition Services
 - i. Contract with chef to come in and prepare fun, healthy meals for students
 - ii. Snacks are provided to all students
 - iii. Students are provided free breakfast and lunch
 - e. Physical Education
 - i. Extracurricular students are provided with breakfast, lunch, and dinner when traveling
 - ii. Completed pre test for fitness gram for all students; post test will be done in the spring
 - iii. Students have individual fitness goals to work toward and earn recognition
 - iv. Athlete of the Month
 - f. Health Education
 - i. High school is discussing a possible health class
 - ii. Stop the Bleed
 - iii. Possible CPR certifications for seniors
 - iv. Seizure training for staff/students
 - v. Exposure to health education through science and PE/athletics
- 5. Open Discussion/Questions
 - a. Snacks in cafeteria-possibly remove spicy snacks and have zero sugar choices? Parents are allowed to limit snacks by calling the cafeteria.
- 6. Consent/Action Items
 - a. Bylaws-approved and will be presented to the Board for approval
 - b. Notes from Meeting-unanimous approval
- 7. Recommendations to be brought before the Board of Trustees
 - a. Consider and take possible action to send SHAC Bylaws to Board of Trustees for approval-Bylaws will be given to the Board for approval
 - b. Removal of spicy snacks from cafeteria
- 8. Closing Comments/Adjournment



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- a. Next meeting will be held Feb 12, 2025 at 9am
- b. Meeting adjourned at 10:15 am



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